Greetings from the Department of Nutritional Sciences. I write this note as spring semester of 2019 approaches its end and our students are starting to prepare for finals week. For many undergraduate students, the summer months are a time away from campus and classes when they can work in jobs related to their career goals or just earn much-needed funds for the academic year. For many other undergrads, the summer session is playing an increasingly important role in advancing their education. When Chancellor Rebecca Blank started as our campus leader in 2013, she recognized that increasing course offerings in summer session was a great way for our campus to expand our educational opportunities and help students graduate in a timely manner. The Department of Nutritional Sciences has responded to Chancellor Blank's focus on summer session by offering several of our courses. These courses are offered entirely online so students can take them from their home or wherever in the world they find themselves. For example, Senior Lecturer Pete Anderson's popular course NS 132 Nutrition Today is now offered every summer and has an enrollment of about 100 students each year. Similarly, Assistant Faculty Associate Taiya Bach is helping to offer NS 350 World Hunger and Malnutrition in the summer and it also has about 100 students enrolled. NS 350 is a key course in the popular Global Health Certificate program. These courses serve the needs of both our nutritional sciences majors as well as many other students on campus. In an effort to improve our curriculum offerings specifically for our majors, Assistant Faculty Associate Amber Haroldson is offering NS 431 Nutrition in the Lifespan online this summer. Having this course now available both spring and summer semesters greatly lessens a course “bottleneck” that made class scheduling for some students very difficult. Finally, summer session provides an opportunity to develop entirely new courses and serve new audiences. In this regard, Lecturer Erika Anna is creating a new course on cultural competency in healthcare (NS 375 Food and Culture), which addresses important issues for all healthcare professionals. Thus, summer session course offerings from the Department of Nutritional Sciences are meeting the needs of our majors and undergraduate students across our campus. I wish you all an enjoyable summer, whether you are taking classes or not.
Beth Zupec-Kania, RDN, CD, is a world-renowned ketogenic expert who received her degree in Dietetics from UW-Madison in 1981. The ketogenic diet is a low carb, high fat diet that has been shown to reduce or even eliminate the effects of neurological disorders, certain cancers, and other metabolic based conditions. Zupec-Kania works with the diet in many areas, as a consultant, trainer, and speaker. She is also well known for her work with The Charlie Foundation, a nonprofit established in 1994 and named after a young boy, Charlie Abrahams. Charlie went from having multiple seizures a day to none because of the ketogenic diet. Charlie’s father, Hollywood director(writer Jim Abrahams, created The Charlie Foundation to promote access to the diet and to raise awareness of the ketogenic effects since very few hospitals and clinics used ketogenic therapy as a treatment at the time. Zupec-Kania got involved while she was working at the Children’s Hospital in Milwaukee, when Abrahams reached out to them because of their involvement with the diet. She’s been involved with The Charlie Foundation as a Nutrition Consultant since then.

**Why did you choose to study nutrition?**

I became interested in nutrition as a teenager when my father was going through cancer treatment in 1976. The field of nutrition was not on the radar of cancer treatment at that time; but my dad was a progressive thinker and pursued nutrition as a complementary therapy.

**Do you have any favorite memories from your time at UW-Madison? Any professors, classes, moments, that stick out to you?**

Dr. Dorothy Pringle was my favorite professor in the Nutrition Department. She had a beautiful way of teaching - I knew that I made the right career choice to become a dietitian after taking her classes. One of the assignments that she gave us was to interview a researcher in the nutrition department. It opened my eyes to UW-Madison’s rich history of human and basic science research.

**Describe your time working with The Charlie Foundation:**

After working in hospitals for about 20 years, I felt the urge to go into business for myself where I would have more autonomy. My years at the hospital gave me invaluable experiences that have fueled my ability to practice independently and become a leader in this field. Managing a ketogenic therapy program for children with epilepsy at the hospital and doing volunteer work for the Charlie Foundation led me to develop needed resources for both professionals and patients. The Foundation hired me to expand their original mission of advocacy to include an education. Together we have moved ketogenic therapy into the 20th century. One major accomplishment was commissioning a group of international experts to write consensus guidelines on ketogenic therapy for children with epilepsy. Another revolutionary achievement was the development of KetodietCalculator, an online program and app for creating ketogenic diets which is used worldwide by professionals and their patients. We’ve sponsored global symposiums and I’ve trained over 250 in the US and beyond. My favorite experience is going into developing countries and working closely with the medical staff to start several patients on the diet.

Besides children and adults with neurological disorders, certain cancers and other metabolic based conditions, who else would you recommend the ketogenic diet for? 2018 was considered the highest search year of ketogenic diets in the mainstream media. Interestingly, the diet was designed in the 1920s for epilepsy and has been extensively researched since then. Recent studies have revealed effectiveness of keto diets in managing endocrine disorders including pre-diabetes, Type I and Type II Diabetes. There are case studies of ketogenic diets effective in improving migraines headaches, multiple sclerosis, Parkinson’s and Alzheimer’s Diseases and autism. I’ve seen the most dramatic results in the application of ketogenic diet therapy in children who have autism. The highlight of my week (this week) is a 5-year-old with autism (that I’m working with) who was previously non-verbal and is rapidly developing early language sounds in these past 2 weeks that she has been in ketosis.

**Outside of work, what do you like to do in your free time?**

I’m an avid vegetable and flower gardener, both indoor and outdoor. My husband and I love biking, hiking and traveling with our adult children and are attempting to visit all of the national parks in the US. I also enjoy singing and playing the piano and have accompanied several church choirs.

**What advice do you have for students currently trying to pursue a career in the nutrition field?**

The field of nutrition continues to grow and expand in many directions. I think it’s important to spend a few years getting experience in a medical setting such as a hospital or clinic. You’ll get a good sense of what you feel strongly about – such as whether you want to work in a preventative, therapeutic, research, commercial or journalism field. There are so many options!
Karen Spector
Life at UW and her legacy

For over thirty years, the Spector family has been an influential and impactful part of the UW-Madison Department of Nutritional Sciences. In 1987 Karen Spector, a dietetics student about to enter into her final year, passed away suddenly in a boating accident. Since then, her family, instructors, classmates, and friends have made sure she would be remembered for the hard working and creative student that she was.

Karen was born on April 11th, 1965 in Milwaukee, Wisconsin. She grew up with her parents, Dianne and Jerry, her older brother Brian and her younger sister Cindy in Fox Point, Wisconsin. Karen’s mother Dianne explained how at a young age she had “excellent fine motor skills”, she could usually be found crafting or helping out around the kitchen, which sparked her interest in food. As a teenager, her interest in nutrition grew as she began shopping at The Outpost, a new grocery store that sold organic, fair trade, local and GMO free foods. She became a member of the store and continued to regularly shop there. The store introduced her to a variety of new foods which she would bring home to share with her family, doing all of this when she was still just a teenager.

Karen began attending UW-Madison in 1983. For her first year, she struggled to choose a major, but eventually found a home in the Department of Nutritional Sciences in the Coordinated Undergraduate Program (CUP) for dietetics students. Her mother remembers that “once she found where she belonged, she was so thrilled and happy to be at school”. Karen interned at Methodist Hospital in Madison and became particularly interested in WIC – Women, Infants, and Children – a government assistance program helping low-income women and their families’ health needs.

As she continued her undergraduate classes, her instructors, classmates, and friends really saw how hardworking and creative she was. Karen never received a grade that she did not work hard towards and school did not always come easy for her. She also added a level of creativity to all of her work. Whether that be decorating a folder for a report or just making the presentation of a project unique, she always added individuality to her work. Dianne mentioned how three of Karen’s instructors, Denise Ney, Lynette Karls, and Judith Marlett, all had fond memories of Karen and continued to keep in touch with Jerry and Dianne in the years following Karen’s death. For Dianne “it was so special to have continued Karen’s life by spending time with these people who knew her.”

After completing her fourth year of undergraduate courses, Karen had one more year until graduation. She loved to travel, so when she was offered a position as a cook on a three crew salmon fishing boat in Alaska, she could not pass it up. Tragically, on June 15, 1987, a Pacific Ocean storm cracked the boat in half. Karen and another crew member had made it onto a lifeboat but could not survive the cold waters and died of hypothermia.

The year after Karen passed away, the Spector family and the University of Wisconsin Foundation set up a scholarship in her honor. The Karen Spector Scholarship Fund in Dietetics is given out yearly to a student who exemplifies the traits that Karen showed. Dianne explained, saying “we want the money to go to someone like Karen, someone who gives a measure of creativity to the work that they do, and goes the extra mile to show individuality in their work”. Jerry and Dianne did not want this scholarship to focus much on grades, but rather on hard work, creativity, and individuality, all traits that helped define Karen.

Dianne continued to explain how the years after Karen’s death she found it extremely hard to return to her normal life. Looking
back, she says it took almost five years to really feel like herself again. Still, Dianne makes sure to make the trip to Madison each year to meet with that year’s scholarship recipient. When asked about why she makes sure to meet each recipient, Dianne said “it was the most rewarding thing you can do if you have to go through that tragedy.” Dianne realized that these students were fulfilling Karen’s dream. “They were going out and helping others and they were making a difference,” she said. This made her realize that these students are doing what Karen would have done.

Along with the Karen Spector Scholarship Fund in Dietetics, The Spector family and the Department of Nutritional Sciences, worked together to create the Karen Spector Reading and Conference Room in 2001. It was important to Dianne and Jerry that they be intimately involved in the room, and Dianne made sure the people involved in the creation of the room “knew our family and really knew and loved Karen.” The room consists of a large conference table, three computer workstations, comfortable chairs for lounging and reading, bookshelves, and a whiteboard. The walls are decorated with plaques, photos, and even a hand drawn photo and note written by Emma Spector, Karen’s niece. The room was complete in April of 2001 and opened up with a room dedication on Sunday April 29th, 2001. At the room dedication, Karen’s parents, past instructors, and classmates, spoke about Karen’s legacy and the significance of the Karen Spector Reading and Conference Room.

Today, you are sure to find undergraduate dietetics and nutritional sciences students studying, working on group projects, using the computers, or just relaxing between classes in the Spector Room. Department meetings, events, receptions, and TA led review sessions also fill up the space throughout the year.

As the UW-Madison Department of Nutritional Science reflects on the past fifty years, Karen Spector and her family have given back to this department in so many different ways. From helping finance the education of so many dietetics undergraduates to providing a new space within the department for students, staff, and guests to use and enjoy, the Spector family has been an important piece of nutritional sciences history.

To read more about Karen’s life and learn more about the Karen Spector Scholarship Fund in Dietetics, and the Karen Spector Reading and Conference Room, please visit https://nutrisci.wisc.edu/undergraduate/scholarships/karen-spector/in-memory/

"Karen was one to go and do, not wait and watch. She was involved in an accident and died far too young. But she died from having lived"
-Dianne Spector
Alumni and Friends Giving

The Nutritional Sciences Department appreciates any and all funding it receives. If you are interested in helping the department and would like to donate to a particular cause the following are a few specific funds we have decided to highlight:

Nutritional Sciences Department Fund-
Fund 32040034
The department fund is the most used fund by far, supporting seminar and speaking engagements, faculty searches, and travel needs to various scientific conferences around the globe. This fund is essential to the operation of the department and aids in keeping the Department of Nutritional Sciences amongst the elite nutrition departments in the country. Established in 1985 with gifts from the estates of Dorothy L. Miller and Irene DeNoyer, the Nutritional Sciences Department Funds seeks to support the greatest needs of the Department of Nutritional Sciences.

Karen Spector Scholarship Fund in Dietetics-
Fund 132045322
Established by Dianne and Jerome Spector on February 19, 1988 in memory of their daughter, Karen Spector. Created "to encourage and assist students in the Department who have enthusiasm, creativity and imagination similar to their daughter Karen," the recipient shall be a person who gives that extra measure of hard work that makes an impact on others and sets himself/herself apart from the crowd. The individual should be a person who makes the world a better place because they do a bit more and reflect the attitude that one person could make a difference.

A. E. Harper Graduate Program Fund/Nutritional Sciences- Fund 32041328
Established to support the Interdepartmental Graduate Program in Nutritional Sciences. Alfred E. Harper led the founding of the Department of Nutritional Sciences and served as its first Chair from 1968-1982. A native of Lethbridge, Alberta, Harper arrived on campus in 1949. He began research on amino acids, the building blocks of proteins, in the lab of biochemist Conrad Elvehjem. Harper served as a member of the National Academy of Sciences Food and Nutrition Board, the 1969 White House Conference on Nutrition, the United Nations Food and Agriculture Organization/World Health Organization Expert Committee on Protein and Energy, the U.S. Department of Agriculture/National Institutes of Health Committee on Dietary Allowances, and the USDA Human Nutrition Board of Scientific Counselors. During his career, Harper guided 30 students to master’s degrees and another 44 to doctorates in biochemistry or nutrition.

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Fund 132045322
Established by Dianne and Jerome Spector on February 19, 1988 in memory of their daughter, Karen Spector. Created "to encourage and assist students in the Department who have enthusiasm, creativity and imagination similar to their daughter Karen," the recipient shall be a person who gives that extra measure of hard work that makes an impact on others and sets himself/herself apart from the crowd. The individual should be a person who makes the world a better place because they do a bit more and reflect the attitude that one person could make a difference.

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Alumni and Friends Giving Cont.

Hellen M. Linkswiler Graduate Student Award
Fund- Fund 3204282
The friends and colleagues of the late Dr. Hellen M. Linkswiler and the Department of Nutritional Sciences, College of Agricultural and Life Sciences set up this fund. Dr. Linkswiler received her MS in Foods and Nutrition and her Ph.D. in Nutrition and Physiology from Madison, and was a Professor of Nutritional Sciences at UW-Madison from 1960 until her retirement in 1981. This fund supports an annual scholarship to a student enrolled in the Master of Science in Clinical Nutrition.

Billings, Jean and E. M. Professorship Fund in Nutrition- Fund 132042840
This fund is used exclusively to support the needs of the professorship. These needs may include, but are not limited to, books, computer time, research assistants, travel and other enhancements of teaching and scholarly activity.

For more information and to make a donation, visit the University of Wisconsin Foundation Website at https://secure.supportuw.org/give/

Secrist Receives the Hellen M. Linkswiler Scholarship

Congratulations to Kylee Secrist who was the recipient of the Hellen M. Linkswiler Scholarship this past semester. As mentioned above, the Hellen M. Linkswiler Scholarship is funded through the Hellen M. Linkswiler Graduate Student Award Fund. The department is excited to be able to offer this scholarship to students completing the Master of Science in Clinical Nutrition (MS-CN) at UW-Madison. This is the first scholarship specifically for MS-CN students since the program began in Fall 2017.
UW Health Dietetic Internship Prepares Students for Work with Vulnerable Populations

Article by: Allison Tilque
This article was obtained from the Wisconsin Academy of Nutrition and Dietetics website

Across the country and in Wisconsin, dietetic internship opportunities for college graduates are scarce and competition for available slots is fierce. Unfortunately, insufficient training opportunities for potential Registered Dietitian Nutritionists (RDNs) has created an impending workforce shortage of RDNS that will lead to diminished nutrition care services.

In 2014, the Wisconsin Academy of Nutrition and Dietetics began efforts to address Wisconsin’s pending RDN workforce shortage and the lack of available dietetic internship opportunities in the state and across the U.S. The result of those efforts was the introduction and passage of legislation to create a new dietetic internship program for nutritionists within Wisconsin’s Women, Infants and Children (WIC) program. On March 24, 2016 Governor Scott Walker signed the bill into law as 2015 WI Act 276.

That dietetic internship program has been accredited by the Accreditation Council for Education in Nutrition and Dietetics and is being administered by UW Health in partnership with the University of WI at Madison.

“I am delighted with the new partnership that has been created with our program and the UW Health Dietetic Internship Program,” said State WIC Director Lisa Murphy. “Our program is committed to building a workforce competent in the most up-to-date, evidence based education and counseling practice strategies that will help the families achieve optimal nutrition and health status.”

The program allocates 20-40 hours each week to supervised practice experiences in the clinical, public health and food system administration domains, with a concentration in Public Health.

“I am passionate about nutrition in early childhood, pregnant and breastfeeding women,” says incoming intern Kelly Tuszynski. “The UW Health Dietetic Internship is a great opportunity to fulfill my goal in becoming a Registered Dietitian to advance my knowledge to help others.”

The inaugural class of dietetic interns within this new track of the UW Health Dietetic Internship program come from across the state. They are eager to embark on the next step in their professional journey.

The Wisconsin Academy of Nutrition and Dietetics in conjunction with UW Health look forward to the positive impact the program is sure to have for Wisconsin’s vulnerable populations for years to come.
IGPNS Students

Katie Osterbauer is from Rice Lake, Wisconsin. She graduated from the University of Wisconsin-Madison with a BS in Nutritional Sciences, then went on to get her Master's in Nutrition at the University of Washington-Seattle. Some of her research interests include interaction of nutrition to one's risk of development of chronic diseases. She is currently in Dr. Adam Kuchnia's lab looking at how nutrition impacts muscle health and working to develop useful imaging techniques that could be used to improve malnutrition diagnosis and predict treatment outcomes in the clinical setting.

Benjamin Rush is from Cincinnati, Ohio, but feels much more at home in Madison. He attended Indiana University-Bloomington for undergrad and got his BS in Neuroscience and Biology, and continued there to receive his Master's of Public Health in Epidemiology. Rush is interested in metabolic chronic diseases, their connection to nutrition, methods to detect the initial stages of metabolic chronic diseases, community nutrition and policy and how science can be disseminated more effectively to the public. He currently works in Dr. Adam Kuchnia's lab where he combines different biomedical imaging techniques to better predict muscle wasting and muscle function among adults.

Olajumoke Falomo is originally from Nigeria. Falomo attended Obafemi Awolowo University, Ile-Ife, Osun State, Nigeria for undergrad and studied Animal Science. She is interested in understanding the impact of food on the human immune system. She is now in Dr. Beth Olson’s lab. It is a maternal and infant nutrition education and support research laboratory. Presently, they are looking at the influence of mothers diets on infants diets, basically looking into dietary behaviors and practices.

Katelyn Cassel earned a BS in Neuroscience with minors in Biology and Global Health Studies from Allegheny College. Katelyn is interested in causal "tipping point" of metabolic dysfunction and metabolic changes during aging. Research from Katelyn’s postbac at National Institute of Diabetes and Digestive and Kidney Diseases revealed the importance of dietary nitrate in the creation and maintenance of the nitrate reservoir in skeletal muscle and morphed into several international collaborations and three co-author manuscripts. In Dr. Guy Groblewski’s lab, Katelyn is studying fatty acid metabolism in the exocrine pancreas.
Awards, Honors, and Updates

Graduating Graduate Students
Congratulations to this years graduating graduate students:

<table>
<thead>
<tr>
<th>Name</th>
<th>Lab</th>
<th>Year Entered</th>
<th>Defense Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adrienne Cheng</td>
<td>Laura Hernandez</td>
<td>Fall 2014</td>
<td>The Role of Peripheral Serotonin in Modulating Obesity During Lactation</td>
</tr>
<tr>
<td>Lyanne Chin</td>
<td>Huichun Lai</td>
<td>Fall 2014</td>
<td>Nutritional Status and Inflammation in Infants and Young Children with Cystic Fibrosis</td>
</tr>
<tr>
<td>Tyler Titcomb</td>
<td>Sherry Tanumihardjo</td>
<td>Fall 2015</td>
<td>Interventions to improve, intake of, and Interactions Between Vitamins A and B</td>
</tr>
<tr>
<td>Rachel Fenske</td>
<td>Michelle Kimple</td>
<td>Fall 2014</td>
<td>A Role for the Unique Inhibitory G-Protein, Gz, in Type 1 Diabetes Pathophysiology</td>
</tr>
<tr>
<td>Michelle Cooley</td>
<td>Guy Groblewski</td>
<td>Fall 2013</td>
<td>The Coordination of Membrane Trafficking Pathways is Essential for Acinar Cell Homeostasis</td>
</tr>
</tbody>
</table>

Denise Ney selected to be a Class of 2019 Fellow for the American Society for Nutrition

Professor Denise Ney from the Department of Nutritional Sciences has been selected to be a Class of 2019 Fellow for the American Society for Nutrition. The American Society for Nutrition (ASN) is an organization whose mission is to improve health around the world through high quality science based nutrition knowledge, engagement and influence. To be nominated to be a Fellow, one must be a scientist with a very distinguished career in nutrition. Being nominated as a Fellow is the highest honor that the ASN bestows.

NutriSci RD’s Write for Community Newspaper

Registered dietitians in the department have recently begun writing for a local Madison newspaper. The section, named “Nutrition Nuggets”, is featured in the Northside News, a free community newspaper for Madison’s northside. The first feature, written by Taiya Bach, Nutritional Sciences Assistant Researcher and Assistant Faculty Associate, is in the newspapers April/May issue. The first “Nutrition Nuggets” focuses on the nutrition and mind connection. Look out for their next feature in the August/September issue!

Read their first article about the nutrition-mind connection here: https://www.northsidenews.org/nutrition-mind-connection%ef%bb%bf/
Dr. Denise Ney Selected as One of Brava's 2019 Women to Watch

Nutritional Sciences' Dr. Denise Ney was selected as one of Brava's 2019 Women to Watch. Women to Watch is a list of exceptional women in the Madison area that have made a large impact on their community, work, or research and are inspiring, empowering and advocate for an improvement in the lives of others. Dr. Ney was selected for her research on the genetic disorder phenylketonuria and how to improve patient's diets while accommodating for their limiting needs. Dr. Ney found a protein in whey that can help patients suffering from this disorder. Along with helping them find more dietary options, this protein reduces body fat and strengthens bone mass. She applied her findings to more than just these patients when she realized during her research that this protein could be very effective in helping postmenopausal women who need to lose weight. When postmenopausal women try and lose weight, often what happens is that they lose bone mass as well. With the help of Dr. Ney and this protein, women could lose body fat while still gaining bone mass.

Lauren Dilley Receives CALS University Staff Recognition Award

Lauren Dilley, Animal Research Technician in the Department of Nutritional Sciences, has been selected to receive a CALS University Staff Recognition Award. The purpose of this award is to recognize outstanding University Staff performance or service to the College of Agriculture and Life Science. Criteria for this award are outstanding performance, improving performance, working independently, taking initiative to solve problems, outstanding leadership, and successful completion of tasks of major significance and complexity. Lauren has excelled in all of these areas. Dilley was recognized for this award at the CALS Awards Program in early May.

Masters of Science in Clinical Nutrition Ranked #1 by TheBestSchools.org

TheBestSchools.org ranked the UW-Madison Department of Nutritional Sciences Master's of Science in Clinical Nutrition (MS-CN) #1 for the best online master’s degree programs. The Best Schools ranked programs based on quality of program, types of courses provided, faculty strength, schools awards, rankings, and reputation. This program is taught 100% online through the UW-Madison system. This program was launched recently, in fall of 2017, and there are currently 73 students enrolled.

Name Change for BS Dietetics Degree

The Department of Nutritional Sciences BS Dietetics degree is getting a new name starting in the Fall 2019 semester. The new name will be Bachelor of Science Nutrition and Dietetics. Nutritional Sciences Professor Denise Ney explains that "the change in name of this popular degree from Dietetics to Nutrition and Dietetics reflects the foundation of the education in the science of Nutrition. It is also an update for consistency with the parent professional organization the Academy of Nutrition and Dietetics for Registered Dietitian Nutritionists (RDN)."
This course list, put together in February 1970, shows the proposed course programs in nutrition. The department realized there were at least four types of students for which programs in nutrition were needed. The four types of students are listed below and each have a column in the flow chart showing their suggested course paths.

The four types include:
1) Students in the Natural Science option in any department who needed a good scientific background in nutrition in preparation for future graduate work.
2) Students in Nutritional Sciences majoring in dietetics.
3) Students in Nutritional Sciences under the Social Science option.
4) Students in the Animal Production and Technology option of any of the animal science oriented departments.

This letter from Glenn Pound, former Dean of the College of Agricultural and Life Sciences (CALS), notified faculty and staff of the formation of the Department of Nutritional Sciences. The letter, written May 31st, 1968, explains how the Board of Regents approved the Department of Foods and Nutrition to be renamed to the Department of Nutritional Sciences and be moved from the Department of Food Science and Industries.
Over 50 Years of Nutritional Sciences

Course listing and descriptions for the 1984-85 academic year. While many of the courses are still offered and taught under similar names and course numbers, many courses have been changed, been removed or added over the years to keep up with the growing and changing field of nutrition. The most recent change being a new course offered this summer, NS 375 Food and Culture.

Visit https://nutrisci.wisc.edu/contact-us/extension-sub-page1/ to learn more about the history of the Department of Nutritional Sciences.
DNC Updates

The UW-Madison Dietetics and Nutrition Club (DNC) is an on-campus academic/professional registered student organization open to both undergraduate and graduate/professional students. Our organization offers a variety of opportunities for members to engage in networking events as well as to participate in volunteer and community outreach opportunities and to learn about the field of nutrition and dietetics profession.

This semester, the DNC volunteered regularly for Saturday Science at the Wisconsin Institute for Discovery (WID). At this recurring event, members are able to work with kids from the community and tie concepts of food and nutrition to the theme chosen by the WID. This event is always well attended by both community members and club members.

Another event that always bolsters great club involvement is our partnership with the Dane County Farmer’s Market in the Senior Center. Club members are able to work alongside a local chef and create a breakfast for farmer’s market attendees. This year we partnered with Chef Laurel Burleson of Ugly Apple Food Cart. With the guidance of Laurel, members created a fun take on biscuits and gravy and served over 300 meals to the farmers market.

This semester’s largest event was Networking with Dietitians. Our executive board spent a large portion of the semester in contact with WAND to find 8 Registered Dietitians to come in and speak on a panel. After the panel, members engaged in a “speed dating” style discussion where the RDs went from table to table in 10-minute increments. The club was able to obtain a grant that covered a full meal catered by the Wisconsin Union. Club members were also able to have a professional headshot taken by a photographer at the event.

As in previous semesters, the club committee put together a number of socials ranging from group cycling classes at the Nat, ice skating at the Shell, to group study nights at the Biocommons. They also continued their Lunch ‘n’ Learns and spoke about a variety of topics at their 4 sessions this semester. The campus committee partnered with the Collegiate Farm Bureau for their Agriculture Day on Campus, where we handed out Wisconsin products like yogurt, cheese, milk, and cranberries and created informational handouts and recipe ideas for the products. The community committee also put on a number of new events. They created a chili dinner for the families at the Ronald McDonald House and volunteered at the Middleton Outreach Ministry food pantry.

We are very grateful and thankful for all of the guest speakers we have had at our meetings this semester. Their expertise, guidance, and insight on the profession is very valuable to our members. With the semester winding down, we have begun our transition of leadership roles, and are eager to continue with these great opportunities and continue to grow as an club.
Assistant Faculty Associate, Amber Haroldson, and Associate Student Services Coordinator and Lecturer, Erika Anna, at the Academy of Nutrition and Dietetics’ Food and Nutrition Conference and Expo.

Assistant Professor Beth Olson at the Jewish Social Services of Madison giving a talk titled “Nutrition and Health Have Life in Our Years, Not Just Years in Our Lives.”

Lauren Dilley receiving the CALS University Staff Recognition Award.

21st annual IGPNS Poster Session winners.
Please consider making a tax-deductible gift to the University of Wisconsin Foundation put toward the Department of Nutritional Sciences.

To make a gift online, visit www.supportuw.org/give/to/nutrisci, under “Make a Gift” type in the Department of Nutritional Sciences. Or, make a check payable to the University of Wisconsin Foundation and mail it with this completed form to: University of Wisconsin Foundation; U.S. Bank Lockbox, Box 78807, Milwaukee, WI 53278-0807.

I/we wish to support ongoing programs for educational excellence at the University of Wisconsin-Madison with my/our gift of $ ___________________.

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[ ] Printed form enclosed [ ] I will initiate this match on my company’s website

Company’s name _____________________________________________________________

I/we wish to designate my/our gift to: The Department of Nutritional Sciences

Name _______________________________________________________________________

Address ________________________________________________________________

City _____________________________ State ________ Zip ______

Phone: [ ] Home (Landline) [ ] Work [ ] Cell _____________________________

E-mail ___________________________________________________________________

Job Title __________________________________________________________________

Company Name ___________________________________________________________

Company Address __________________________________________________________

City _____________________________ State ________ Zip ______

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Please charge $ ___________________ to my credit card.

[ ] MasterCard [ ] Visa [ ] American Express [ ] Discover

Card Number ___________________ Expiration Date ___________________

Cardholder name (please print) _____________________________________________

Cardholder signature ______________________________________________________